



A day of Giving on World Parkinson's Day!

April 11 is World Parkinson's Day — a time to raise awareness and advance research toward better therapies and a cure for Parkinson's disease (PD). It's a day of collective action for the Parkinson's community to make PD a thing of the past.

For us and the one million Americans living with Parkinson's, Parkinson's awareness is more than a month. It's about bringing attention to a life-changing disease that is on the rise and connecting people to critical resources.

This special month-long campaign focuses on an important part of PD awareness — educating everyone on the many symptoms that impact daily life and how to address them. It's also about helping people recognize the early signs that can lead to an earlier diagnosis and overall better quality of life.

For more information visit:
<https://www.parkinson.org/>



One-Minute Wisdom:

A Dog's Tale by Kathy Kestler From Royal Care Management

Gracie is Royal Care's Certified Therapy dog. Gracie is a Shih-Poo who loves spreading love and joy to the residents at local nursing homes and assisted living facilities. She received her training through Bonafide Therapy Dogs and Gracie holds all three levels of the AKC Canine Good Citizen certificates. She has a gentle temperament and easily bonds and connects with others. Gracie feels extra special when she visits the memory care units because the residents show excitement, joy, and happiness when they see our beautiful Gracie walk into the room. Gracie is sure to stop and spend time with each person allowing them to hold and pet her. Her visits sparks conversation allowing the residents to reminisce about their childhood stories of their beloved dog or pet and to allow for questions and social interaction as they are always inquisitive about Gracie's story and care regiment. Every visit is a special experience and she looks forward to her next visit.



MEDICAID & MORE...

Medicaid Applications Personalized

Careconnections Newsletter

Your Community outreach newspaper!

Edition #4

April 2024

How Seniors Benefit from Pet Therapy

Unlocking Joy: The Transformative Power of Pet Therapy for Seniors!

Pet therapy is one of the long used treatments for taking control over a range of health problems, depression and mood disorders particularly. But just how effective could it be to renew your health? Mental health challenges, namely Post-Traumatic Stress Disorder (PTSD), end of life trauma, and Alzheimer's disease have been proven to be coped with using pet therapy. Centers for Disease Control and Prevention has also marked the use of animals to reduce the feeling of loneliness, blood pressure, cholesterol, and triglycerides.

How Does Senior Living Get Impacted With Pet Therapy?

"Dogs – and other pets – live very much in the here and now. They don't worry about tomorrow. And tomorrow can be very scary for an older person. By having an animal with that sense of now, it tends to rub off on people," said psychotherapist Dr. Jay P. Granat. Apart from improving mental health, cognitive abilities and symptoms of other ailments, owning a pet can open up opportunities for companionship and love which seniors are otherwise deprived of. Not to forget, adopting a pet also brings in crucial benefits for the animal where they get loved and cared for by their owners unlike in shelters.



Understanding Long-Term Care Medicaid

By Medicaid and More

When you need Long-term care services whether in a nursing home, assisted living facility, or for home care, this can quickly become financially overwhelming. Medicare does not cover Long Term Care, so many wonder how to manage these expenses. That's where Long-Term Care Medicaid—a state-funded program designed specifically to cover these costs comes into play. But what is Medicaid and what does it cover? How does one navigate through its complexities? Medicaid and More aims to unravel and answer these questions.

The scope of Florida's Long-Term Care Medicaid is vast. It covers:

Medical Costs: Including co-pays and other related expenses, **Nursing Home and Rehabilitation Costs:** Room and board for nursing homes or skilled nursing rehabilitation centers are covered above the client's monthly income. **Assisted Living Costs:** Medicaid pays for the Level of Care in the assisted living facilities, typically ranging from \$1,200 – \$1,500 per month, based on the facility's contract with Medicaid. **Home Health Aide:** For those preferring at-home care, Medicaid provides in-home services on average of 20 hours a week, depending on the needs. **Adult Day Care Center Costs:** For those needing activities and socialization outside of the house, Medicaid offers financial support for adult day care centers.

Understanding and navigating Long-Term Care Medicaid is essential for those considering long-term care options. With the right knowledge and assistance, you can make informed decisions, potentially saving thousands of dollars.

At Medicaid & More, we're here to guide you every step of the way. Don't delay; reach out today for a comprehensive consultation.

Call Us now (561) 809-9575 - or visit us online at www.medicaidandmore.com